



**Old St. Mary's Athletics
Code of Conduct
2019-20**

Students

The purpose of a Student Athlete Code of Conduct is to help define appropriate actions and behaviors that support the mission of the OSM Athletic Program. All participating student athletes should read, understand, and sign this form prior to participation. Any student athlete who does not follow the guidelines below may be suspended or dismissed from the athletic program.

As a student-athlete, I agree to the following:

1. I will play the game for the game's sake.
2. I will be generous in winning and graceful in losing.
3. I will display good sportsmanship and respect towards all opponents.
4. I will work for the good of the team.
5. I will accept the decisions of the officials gracefully.
6. I will conduct myself at all times with honor and dignity at school, games, practices, and trips to other schools and facilities.
7. I will recognize, applaud, and encourage the efforts of my teammates and opponents.
8. I will show respect for my coaches.
9. I will show respect towards fans and personnel from other schools.
10. I understand that I must comply with the OSM Athletic Discipline Policy

OSM Athletic Discipline Policy

- Any student who is not in good academic standing of a C- or better at the end of the week will be ineligible for participation in games or practices until a progress report from the teacher states they are now in good academic standing.
- Any student who receives three demerits for disrespectful behavior in a trimester is subject to a detention, a 1 week suspension from practice and a 1 game or event suspension.
- Any student who receives ANY six demerits in a trimester is subject to their second detention, a 1 week suspension from practice, and a 1 game or event suspension.
- Any student who receives ANY nine demerits in a trimester is subject to a 1 week suspension from practice and a 3 game or event suspension.
- Any student who receives OVER nine demerits in a trimester will be subject to a 6 game or event suspension.

- Any student who demonstrates behavior inconsistent with the expectations of the Administration of Old St. Mary's may be suspended at the discretion of the principal and/or athletic director.
- Per the middle school handbook, at the end of each trimester, all demerits reset to give student athletes a clean slate. However, a pattern of behavior may be tracked across trimesters.

Parents

The purpose of a Sports Parent/Guardian Code of Conduct is to help define appropriate parental/guardian actions that support the mission of the OSM Athletic Program. Parents/guardians should read, understand, and sign this form prior to participation.

Any parent/guardian who does not follow the guidelines below will be asked to leave the sports facility and be suspended from the privilege of attending games. The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these pillars of character.

As a parent/guardian, I agree to the following:

1. I will not force my child to participate in sports.
2. I will remember that the game is for youth, not adults.
3. I will learn the rules of the game and the policies of the league.
4. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy towards all players, coaches, officials, and spectators at all games and practices.
5. I (and my guests) will not engage in any kind of unsportsmanlike conduct (booing, taunting, etc.) or any other form of harassment towards any official, coach, player or parent.
6. I (and my guests) will not use any profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials, and spectators with respect.
10. I will teach my child the importance of hustle, playing fairly, and doing one's best.
11. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
12. I will emphasize the importance of skill development over winning and losing.
13. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my own child.
14. I will respect the officials and their authority during games, and will never publicly question their decisions.
15. I will respect the coaches for the time they donate, and I will never publicly confront, question, or criticize them.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol, and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches for the team.

Coaches

The purpose of a Coaches' Code of Conduct is to help define expectations for coaches to meet that will support the mission of the OSM Athletic Program. Coaches will follow and be held to the code of ethics established by the National Association of Sport and Physical Education (NASPE). Coaches are expected to:

- Have the knowledge and preparation to effectively lead a team.
- Follow the rules and regulations of the Old St. Mary's Athletic Program.
- Be responsible to ensure that the health, well-being and development of student-athletes take precedence over the win/loss record.
- Serve as a role model demonstrating congruency between actions and words.
- Provide a physically and emotionally safe environment for practices and competition.
- Exemplify honesty, integrity, fair play, and sportsmanship regardless of the impact that might have upon the outcome of the competition.
- Maintain a professional demeanor in relationships with athletes, officials, colleagues, administrators, and the public and treat them with respect and dignity.
- Be committed to the education of the athletes and encourage academic excellence.
- Follow current safe training and conditioning techniques.
- Exhibit sound injury and risk management practices.
- Be familiar with emergency equipment including the location of AED and first-aid kits.
- Be responsible for an emergency backpack, ensuring it is at every practice and game.
- Demonstrate an understanding of growth and development stages of athletes.
- Place the athlete's needs and interests first.
- Remember that competition should be a healthy and enjoyable experience for all.

Please note: All Old St. Mary's coaches must submit to a background check, Virtus Training and all other applicable 'Protecting God's Children' requirements. Coaches must also attend all required preseason coaches' meetings and clinics as directed by the Athletic Director.

Old St. Mary's Athletic Code of Conduct

Please sign and return this page ONLY signifying that you have read, understand, and will comply with the Old St. Mary's Athletic Code of Conduct.

We have read, understand, and will comply with the contents of the Old St. Mary's Athletic Code of Conduct:

Athlete Printed Name: _____

Signed: _____

Date: _____

Parent/Guardian Printed Name: _____

Signed: _____

Date: _____